



Fill in the gaps

Helena Beat by Foster The People

Sometimes life it takes you by the hand
It puts you down (1)_____ you know it
It's gone and you're dead again
I've (2)_____ in places and I won't pretend
That I make it I just follow my head
When its strange to take a walk downstairs
Sweep you all up on a corner and pay for my bread
You (3)_____ that I (4)_____ believe my own
truth
To show what a truth, got nothin' to lose
Yeah yeah and it's okay
I tie my hands up to a chair so I don't fall that way
Yeah yeah and I'm alright
I took a sip of something poison but I'll hold on tight
You know those days when you wanted to choose
To not get out of bed and get (5)_____ in your head
again
You (6)_____ the game but you gotta cut
'Cause you're coming down hard your joints are off stud
I tried to say that's not the only way
I (7)_____ knew if I could convince myself to change
You were pacing I was insecure
Slip and fall I got the call of the prison I was living in

Yeah yeah and it's okay
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Yeah yeah and I'm alright
I took a sip of something poison but I'll hold on tight
Yeah yeah and it's okay
I tie my hands up to a chair so I don't fall that way
Yeah yeah and I'm alright
I took a sip of something poison
A sip of something poison...
Yeah yeah and it's okay
I tie my hands up to a chair so I don't fall that way
Yeah yeah and I'm alright
I took a sip of (8)_____ poison but I'll hold
on tight
Yeah yeah and it's okay
I tie my hands up to a chair so I don't fall that way
Yeah yeah and I'm alright
I took a sip of something poison
A sip of something poison...



Fill in the gaps

Answer

1. before
2. been
3. know
4. cannot
5. lost
6. play
7. never
8. something