



Fill in the gaps

Helena Beat by Foster The People

Sometimes life it takes you by the hand
It puts you down (1)_____ you (2)_____ it
It's gone and you're dead again
I've been in places and I won't pretend
That I make it I just follow my head
When its strange to take a walk downstairs
Sweep you all up on a corner and pay for my bread
You know that I cannot (3)_____ my own truth
To show what a truth, got nothin' to lose
Yeah yeah and it's okay
I tie my hands up to a chair so I don't fall (4)_____ way
Yeah yeah and I'm alright
I took a sip of something poison but I'll hold on tight
You know (5)_____ days when you wanted to choose
To not get out of bed and get (6)_____ in (7)_____ head again
You play the game but you gotta cut
'Cause you're coming down (8)_____ your joints are off stud
I tried to say that's not the only way
I never knew if I could convince myself to change
You were pacing I was insecure
Slip and fall I got the call of the prison I was living in

Yeah yeah and it's okay
I tie my (9)_____ up to a chair so I don't fall that way
Yeah yeah and I'm alright
I took a sip of something (10)_____ but I'll hold on tight
Yeah yeah and it's okay
I tie my hands up to a chair so I don't fall that way
Yeah yeah and I'm alright
I took a sip of something poison
A sip of something poison...
Yeah yeah and it's okay
I tie my hands up to a chair so I don't fall that way
Yeah yeah and I'm alright
I took a sip of something poison but I'll hold on tight
Yeah yeah and it's okay
I tie my hands up to a chair so I don't fall that way
Yeah yeah and I'm alright
I took a sip of something poison
A sip of something poison...



Answer

1. before
2. know
3. believe
4. that
5. those
6. lost
7. your
8. hard
9. hands
10. poison

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