



## Fill in the gaps

### Helena Beat by Foster The People

Sometimes life it takes you by the hand  
It puts you down (1)\_\_\_\_\_ you (2)\_\_\_\_\_ it  
It's gone and you're dead again  
I've been in places and I won't pretend  
That I make it I just follow my head  
When it's strange to take a walk downstairs  
Sweep you all up on a corner and pay for my bread  
You know that I (3)\_\_\_\_\_ believe my own truth  
To show what a truth, got nothin' to lose  
Yeah yeah and it's okay  
I tie my hands up to a chair so I don't (4)\_\_\_\_\_ that way  
Yeah yeah and I'm alright  
I (5)\_\_\_\_\_ a sip of something (6)\_\_\_\_\_ but I'll  
hold on tight  
You (7)\_\_\_\_\_ those (8)\_\_\_\_\_ (9)\_\_\_\_\_ you  
(10)\_\_\_\_\_ to choose  
To not get out of bed and get (11)\_\_\_\_\_ in your head  
again  
You play the game but you gotta cut  
'Cause you're coming down (12)\_\_\_\_\_ your  
(13)\_\_\_\_\_ are off stud  
I tried to say that's not the only way  
I never knew if I could (14)\_\_\_\_\_ myself to  
change  
You (15)\_\_\_\_\_ pacing I was insecure  
Slip and (16)\_\_\_\_\_ I got the (17)\_\_\_\_\_ of the prison  
I was living in

Yeah yeah and it's okay  
I tie my hands up to a chair so I don't (18)\_\_\_\_\_  
(19)\_\_\_\_\_ way  
Yeah yeah and I'm alright  
I (20)\_\_\_\_\_ a sip of (21)\_\_\_\_\_ poison  
but I'll hold on tight  
Yeah yeah and it's okay  
I tie my (22)\_\_\_\_\_ up to a chair so I don't fall that way  
Yeah yeah and I'm alright  
I took a sip of something poison  
A sip of something poison...  
Yeah yeah and it's okay  
I tie my hands up to a chair so I don't fall that way  
Yeah yeah and I'm alright  
I (23)\_\_\_\_\_ a sip of something poison but I'll  
(24)\_\_\_\_\_ on tight  
Yeah yeah and it's okay  
I tie my hands up to a chair so I don't (25)\_\_\_\_\_  
(26)\_\_\_\_\_ way  
Yeah yeah and I'm alright  
I took a sip of (27)\_\_\_\_\_ poison  
A sip of something poison...



## Fill in the gaps

### Answer

1. before
2. know
3. cannot
4. fall
5. took
6. poison
7. know
8. days
9. when
10. wanted
11. lost
12. hard
13. joints
14. convince
15. were
16. fall
17. call
18. fall
19. that
20. took
21. something
22. hands
23. took
24. hold
25. fall
26. that
27. something